

## Nutrition Facts

Serving size: bars

Servings: 24

Amount per serving

**Calories** **171**

**% Daily Value\***

**Total Fat** 5.8g **7%**

Saturated Fat 2.2g **11%**

**Cholesterol** 8mg **3%**

**Sodium** 79mg **3%**

**Total Carbohydrate** 27.2g **10%**

Dietary Fiber 2.9g **10%**

Total Sugars 13.3g

**Protein** 3.9g

Vitamin D 0mcg 0%

Calcium 24mg 2%

Iron 1mg 7%

Potassium 89mg 2%

*\*The % Daily Value (DV) tells you how much a nutrient in a food serving contributes to a daily diet. [2,000 calorie a day](#) is used for general nutrition advice.*

Recipe analyzed

by **verywell**