

Open Mon-Sat
7AM - 2PM

513 N Birdneck Rd
VA Beach, VA 23451



Call or Text for Pickup:
757.650.2550

allgoodgranolabars.com

BREAKFAST

All Good Breakfast Sandwich 7

Cheesy baked eggs and your choice of sausage, spam, or turkey bacon. Enjoy on a bagel, toast, Hawaiian sub roll, English muffin, or tortilla.

Avocado Toast 6.5

Fresh avocado spread on thick sliced toast with Everything Bagel seasoning

Yogurt Parfait 5.5

Layers of Greek yogurt, fresh fruit and All Good Granola

Oatmeal 4.5

Topped with fresh fruit and All Good Granola

COLD DRINKS

Iced Coffee 5.5

Our in-house blend, chilled and poured over frozen coffee cubes

Iced Coffee Float 6.5

Iced coffee, vanilla ice cream and chocolate drizzle

Coffee Milkshake 7.5

Chocolate and coffee-infused milkshake

Homemade Iced Tea 5

Sweetened or unsweetened.. add lemon or honey

Fresh Strawberry Lemonade 4.5

Sweet and tangy, with a few strawberries just for fun

SMOOTHIES

Tropical Green | Mixed Berry | Strawberry Superfood 7.5

*Allergy statement: Menu items may contain or come into contact with WHEAT, EGGS, TREE NUTS, COCONUT and MILK. For more information, please speak with a manager

LUNCH

Garden Salad 6

Spring mix, romaine, tomato, carrots, red onion, avocado, croutons, dressing

Soup O' the Day 6.5

Ask about what's good today!

Toasty Sandwich 7

Choose roast beef, turkey or ham. Add provolone, cheddar, or Swiss cheese

All Good Avocado BLT 7.5

Turkey bacon, lettuce, tomato, mayo and avocado

HOT DRINKS

Coffee S 3.5 | M 4.5 | L 5.5

Choose between a light roast from our friends at Three Ships, or a darker roast from Neptune's Fury in Norfolk.

Hot Tea 3.5

English Breakfast Black Tea or Green Tea (decaf)

Hot Cocoa 4

Creamy. Chocolatey. Marshmallowy.

TREATS

All Good Craft Granola Bar 1.5

Muffin 2.5

"Don't Waste Good Taste"